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CONSULTANT OPHTHALMIC, OCULOPLASTIC AND ORBITAL SURGEON

Patient information leaflet

Chemical peels

A chemical peel is a minimally invasive procedure that is used to improve the appearance of skin. Combinations of solutions are applied to the face, décolletage (neck and chest) or hands. They penetrate the skin, remove dead skin cells and stimulate new skin (epidermis), collagen and elastin formation. Skin is rejuvenated and has a smoother, tighter and brighter appearance.

There are several types of chemical peel preparations that may be classified according to the depth to which they penetrate the skin: superficial, medium depth, and deep.

- Obagi Blue Peel Radiance® - A light or superficial chemical peel designed to improve the appearance of:
 - fine lines and wrinkles
 - mild to moderate photo-damage
 - uneven skin tone and texture
 - acne and acne scarring
- Obagi Blue Peel® - a deeper peel of trichloroacetic acid mixed with a special blue base.

All patients are assessed according to their medical history, skin care needs and suitability for a chemical peel prior to treatment.

Chemical peels are carried out by Miss Mellington. She has specialised training and experience in these highly effective peels. She will also advise on the best post-procedure skin care regimen to maximise the benefits of the treatment.