



Faye Mellington BMBCh(Oxon), MA(Oxon)
FRCOphth(Lond)

CONSULTANT OPHTHALMIC, OCULOPLASTIC AND ORBITAL SURGEON

Medical-grade skin care

Medical or pharmaceutical grade skin care is skin care that changes the structure and function of the skin (Food and Drug Administration, FDA definition). It can only be prescribed by a medical professional and is not available 'over the counter'. It contains 'active' ingredients, which are designed to work in all the skin layers to protect and prevent damage as well as improve skin health and function.

Healthy skin is firm, smooth, radiant, evenly pigmented, and well hydrated.

Signs of ageing and skin damage include:

- appearance of fine lines (crepiness)
- static and dynamic wrinkles
- irregular pigmentation
- dull skin tone and rougher skin texture
- loss of radiance (sallow, lacklustre skin)
- loss of elasticity
- telangiectasia (fine blood vessels)
- enlarged pores
- acne scars

Facial skin care consultation

- A skin care regimen is the foundation upon which other treatments are based.
- Miss Mellington will undertake a comprehensive facial skin consultation, evaluate your skin and prescribe a medical grade skin care regimen tailored to your individual needs.
- Miss Mellington is trained in the use of Obagi medical products, the world's number one doctor-prescribed skin care range. Obagi products change the way the skin functions and provide excellent results.

